

Cardiopulmonary Resuscitation (CPR)

National Summary Report

Australian and New Zealand Committee on Resuscitation (ANZCOR)

ANZCOR is the Australian and New Zealand Committee on Resuscitation, of which the [Australian Resuscitation Council](#) (ARC) and [New Zealand Resuscitation Council](#) (NZRC) are its members. Through ANZCOR, Australian and New Zealand interests are represented on the International Liaison Committee of Resuscitation.

ANZCOR guidelines replace earlier ARC/NZRC guidelines and are endorsed by both Councils. ANZCOR guidelines are informed by peer-reviewed international evidence. No matter who you are as a rescuer – bystander, first aider, first responder or health care professional – ANZCOR guidelines facilitate a standard approach to resuscitation best practice in Australia and New Zealand.

Australian Resuscitation Council (ARC)

The Australian Resuscitation Council is a voluntary co-ordinating body which represents all major groups involved in the teaching and practice of resuscitation. The Australian Resuscitation Council (ARC) is sponsored by the Royal Australasian College of Surgeons and the Australian and New Zealand College of Anaesthetists.

The Australian Resuscitation Council produces Guidelines to meet its objectives in fostering uniformity and simplicity in resuscitation techniques and terminology. Guidelines are produced after consideration of all available scientific and published material and are only issued after acceptance by all member organisations.

ANZCOR Guideline 8 – Cardiopulmonary Resuscitation (CPR)

Who does the guideline apply to?

The [ANZCOR Guideline 8](#) applies to all persons who are unresponsive and not breathing normally. The guideline also references the “Basic Life Support Flow Chart”.

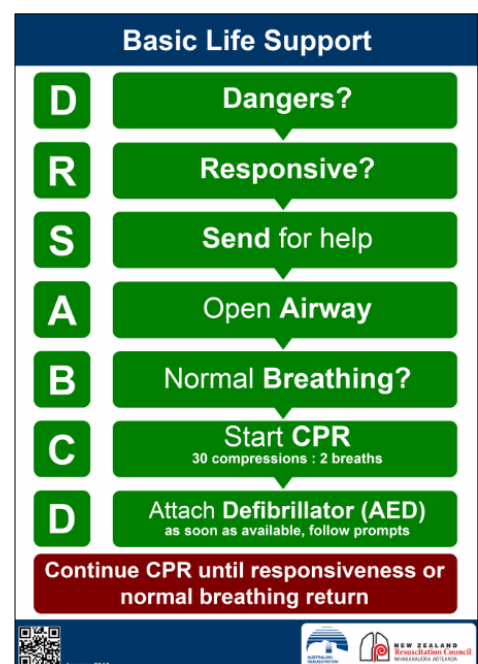
Additional information on the ANZCOR Guideline 8 can be downloaded [HERE](#).

ANZCOR Basic Life Support Flowchart

The “Basic Life Support Flow Chart” below forms the minimum requirement for CPR Charts in Australia, where regulated.

The “Basic Life Support Flow Chart” is also referenced in [ANZCOR Guideline 8](#).

A copy of the ANZCOR “Basic Life Support Flow Chart” can be downloaded [HERE](#).



AUSTRALIAN CAPITAL TERRITORY

The Australian Capital Territory does not specifically reference prescribed requirements for CPR in swimming pool regulations. In the absence of any regulatory guidance, please refer to the Australian Resuscitation Council (ARC) ANZCOR guideline 8.

QLD REQUIREMENTS

From 1 January 2017 any new CPR signs or existing CPR signs being replaced must show how to perform CPR in line with the technique published in ANZCOR Guideline 8 by the Australian Resuscitation Council in January 2016.

Under section [13A of the Building Regulation 2006](#) a CPR sign must:

- a) be attached to the barrier for the pool, or displayed near the pool, so that the sign is conspicuous and easily visible to anyone near the pool; and
- b) be at least 300mm x 300mm in size; and
- c) be made of durable and weatherproof material; and
- d) include a statement that is prominent on the sign explaining to anyone reading the sign how to act in an emergency, including, for example, telephoning for an ambulance, staying with the injured person, calling for help and providing first aid; and
- a) each diagram or letter on the sign must be durable, legible and clearly visible.

NORTHERN TERRITORY

The Northern Territory does not specifically reference prescribed requirements for CPR in swimming pool regulations. In the absence of any regulatory guidance, please refer to the Australian Resuscitation Council (ARC) ANZCOR guideline 8.

SOUTH AUSTRALIA

The [South Australian Government Gazette](#) (21 April 2016) states: -

A swimming pool must have prominent and visible signage that assists persons to provide first aid and to perform cardiopulmonary resuscitation on young children, and

A first aid and cardiopulmonary resuscitation sign must:

- a) be attached to the safety barrier of the swimming pool, or displayed near the swimming pool; and
- b) be at least 300 mm by 300 mm in size; and
- c) be made of durable and weatherproof material; and
- d) show information about the procedures for providing first aid, including performing cardiopulmonary resuscitation.

WESTERN AUSTRALIA

Western Australia does not specifically reference prescribed requirements for CPR in swimming pool regulations. In the absence of any regulatory guidance, please refer to the Australian Resuscitation Council (ARC) ANZCOR guideline 8.

VICTORIA

Victoria does not specifically reference prescribed requirements for CPR in swimming pool regulations. In the absence of any regulatory guidance, please refer to the Australian Resuscitation Council (ARC) ANZCOR guideline 8.

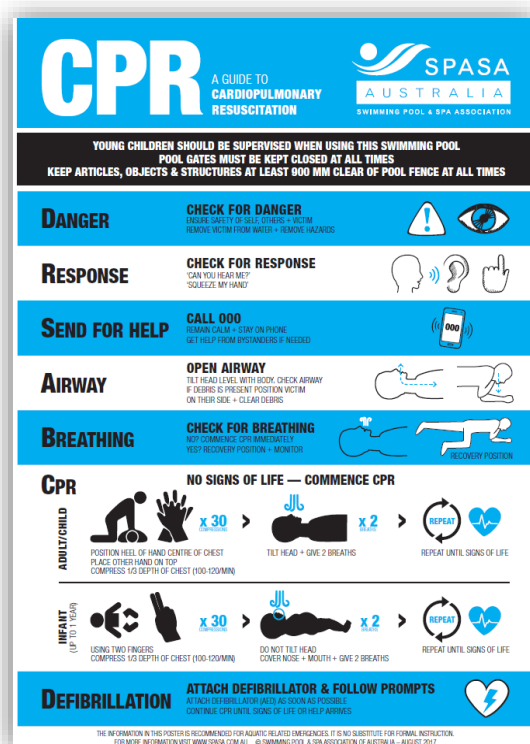
NSW CPR REQUIREMENTS

The [Swimming Pools Regulation 2008](#) was reviewed in June 2018 and after extensive consultation, the regulation was updated to the [Swimming Pools Regulation 2018](#). The new regulation *came into effect 1st September 2018*.

The changes are considered minor but seek to reduce and streamline content so that relevant information is presented with minimal restrictions as to the format in which it is displayed.

The 2008 to 2018 Regulation comparative changes in relation to “Warning Notices” are listed on the following page.

Other important information regarding comparative changes can be downloaded [HERE](#).



Swimming Pools Regulation 2008	Swimming Pools Regulation 2018 – Effective 1 Sept
<p>3 Definition: the Cardiopulmonary Resuscitation Guideline means the document entitled Guideline 7: Cardiopulmonary Resuscitation published in February 2006 by the Australian Resuscitation Council.</p>	<p>3 Definition the Cardiopulmonary Resuscitation Guideline means the document entitled ANZCOR Guideline 8: Cardiopulmonary Resuscitation published in January 2016 by the Australian Resuscitation Council.</p>
<p>10 Contents of warning notices</p> <p>(1) For the purposes of section 17 (1) of the Act, the sign referred to in that subsection must bear a notice that contains all of the following:</p> <p>(a) the words:</p> <p>(i) “YOUNG CHILDREN SHOULD BE SUPERVISED WHEN USING THIS SWIMMING POOL”, and</p> <p>(ii) “POOL GATES MUST BE KEPT CLOSED AT ALL TIMES”, and</p> <p>(iii) “KEEP ARTICLES, OBJECTS AND STRUCTURES AT LEAST 900 MILLIMETRES CLEAR OF THE POOL FENCE AT ALL TIMES”,</p> <p>(b) a simple flow sequence (which may be the flow sequence depicted in the Cardiopulmonary Resuscitation Guideline) containing details of resuscitation techniques (for infants, children and adults):</p> <p>(i) that are set out in accordance with the relevant provisions of that Guideline, and</p> <p>(ii) that comply with the other relevant guidelines of the Australian Resuscitation Council, and</p> <p>(iii) that are illustrated by drawings with key words only in bold print,</p> <p>(c) a statement to the effect that formal instruction in resuscitation is essential,</p> <p>(d) the name of the teaching organisation or other body that published the sign and the date of its publication.</p> <p>(2) However, any sign erected between 1 September 1995 and 31 August 2008 that bears a notice in accordance with clause 9 (a) and (b) of the <i>Swimming Pools Regulation 1998</i> (as in force immediately before its repeal) is taken to comply with this clause.</p>	<p>10 Contents of warning notices</p> <p>(1) For the purposes of section 17 (1) of the Act, the sign referred to in that subsection must bear a notice that contains all of the following:</p> <p>(a) the words:</p> <p>(i) “Young children should be actively supervised when using this swimming pool”, and</p> <p>(ii) “Pool gates must be kept closed at all times”, and</p> <p>(iii) “Keep articles, objects and structures clear of the pool fence at all times”,</p> <p>(b) a simple flow chart (which may be the flow chart depicted in the Cardiopulmonary Resuscitation Guideline) containing details of resuscitation techniques:</p> <p>(i) that are set out in accordance with the relevant provisions of that Guideline, and</p> <p>(ii) that comply with the other relevant guidelines of the Australian Resuscitation Council,</p> <p>(c) a statement to the effect that formal instruction in resuscitation is essential,</p> <p>(d) the name of the teaching organisation or other body that published the sign and the date of its publication.</p> <p>(2) However, any sign erected on or before 31 August 2019 that bears a notice in accordance with clause 10 (1) of the Swimming Pools Regulation 2008 (as in force immediately before its repeal) is taken to comply with subclause (1) of this clause, unless the swimming pool to which the sign relates is substantially altered or rebuilt.</p>
<p>11 Legibility of warning notices</p> <p>For the purposes of section 17 (1) of the Act, the sign referred to in that subsection:</p> <p>(a) must be legible from a distance of at least 3 metres, and</p> <p>(b) must be maintained in a clearly legible condition.</p>	<p>11 Legibility of warning notices</p> <p>For the purposes of section 17 (1) and (2) of the Act, the signs referred to in section 17 (1) of the Act and clause 10 (3) of this Regulation must be:</p> <p>(a) legible from a distance of at least 3 metres, and</p> <p>(b) maintained in a clearly legible condition.</p>

NSW Important Notes:

1) Savings Provisions

CPR signs erected on or before 31 August 2019 that comply with the Swimming Pools Regulation 2008 are taken to comply with the new 2018 regulation requirements, *unless* the swimming pool to which the sign relates is substantially altered or rebuilt.

2) Current CPR Signage Stock

The Savings Provision allows NSW businesses with existing CPR Sign to continue selling down stock and transition to the updated CPR requirements.

- Existing compliant CPR Signs can continue to be installed up to 31 Aug 2019
- Existing compliant CPR signs installed up to 31 Aug 2019 will continue to comply after this date and only require updating if pool is altered or rebuilt
- Existing CPR sign stock levels should be monitored, and new artwork developed, and stock reordered ready for 1st Sept 2019

For further information

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